

WELCOME TO

# THE EBSA SUPPORT SERVICE

*Supporting children experiencing EBSA (Emotionally Based School Avoidance) by providing interactive webinars and mentoring sessions*

**PARENTS'  
GUIDE**



## **Live Classes**

There is no requirement to speak or turn on the camera, ensuring your child can engage in a way that feels comfortable.



## **Recorded Classes**

Your child can pause, rewind, and revisit lessons whenever they need, ensuring they fully understand the material.



## **Mentoring**

We offer learning mentor sessions, providing:

- A listening ear and a safe, supportive space
- Strategies to overcome barriers to learning
- Encouragement to build confidence and re-engage with education

**Our Website**

<http://www.the2poundtuitionhub.com>

**the £2 tuition  
hub**

**Our Email Address**

[admin@the2poundtuitionhub.com](mailto:admin@the2poundtuitionhub.com)

# An Introduction

## TO THE EBSA SUPPORT SERVICE

Dear parent,

If you're reading this, totally exhausted from the battle of trying to get your child to go to school, please know you're not alone.

I know how hard this can be. My daughter Evie really struggled when it came to attending school. In fact, I'd go as far as saying that the education system had broken her - she constantly felt ill, didn't want to leave the house and had started saying (and doing) really worrying things. She was referred to CAMHs but they couldn't help as she was in the process of getting an ASD diagnosis. I just didn't know what to do.

It wasn't until a specialist teacher at Nottinghamshire County Council told us that Evie was experiencing autistic burnout and needed to have a complete break from the daily 'getting into school' battles that the pressure lifted slightly. There was no mention of attendance targets, no mention of her 'being fine in school' and no mention of just 'pushing through' as if that would fix everything.

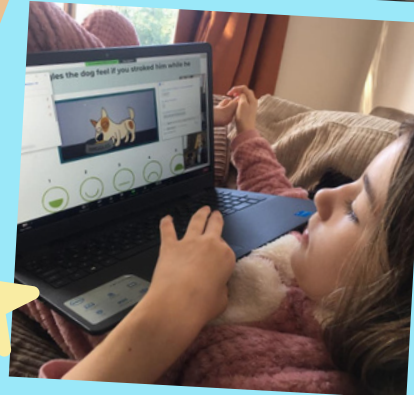
For the first time, it felt like someone understood - that Evie wasn't just being difficult, and that our family wasn't failing. Instead of focusing on pushing her back into school at all costs, we were given permission to focus on what she actually needed: time, space and an approach that worked for her.

That's what I'd love us to be for you - that person who can help find a way forward when nothing else seems to work. At The EBSA Support Service, we offer education in a way that prioritises well-being, whether your child needs a complete break from school, a stepping stone back into the classroom or an alternative that works for them long-term. Your child will be able to choose from a wide range of classes (including those that you'd find in school but also ones such as forensics, criminology and veterinary studies) and will have a learning mentor to support them along the way.

If this sounds like something that may work for your child, please have a look at the last page for next steps.

Many thanks,

Amy Hastings  
Teacher and Founder at The £2 Tuition Hub



# What types of classes are there?

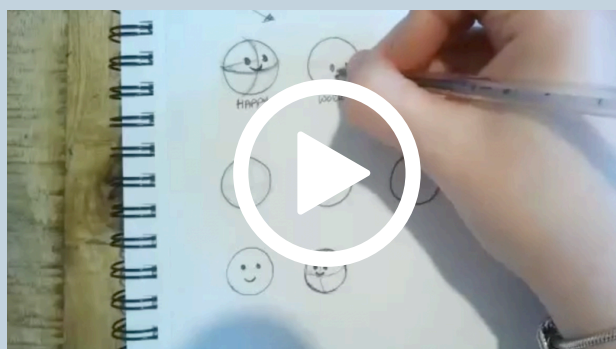
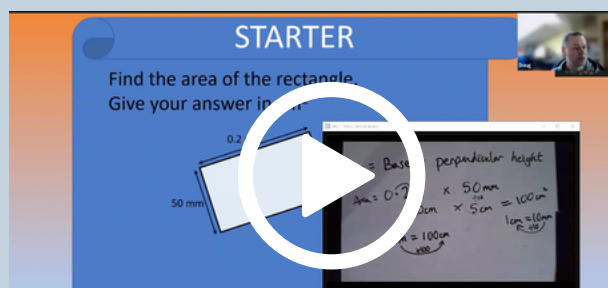


## Primary/ Secondary Classes

Clip shows: Primary Science with Carrie Ann

## IGCSE/GCSE Classes

Clip shows: IGCSE/GCSE Maths with Doug

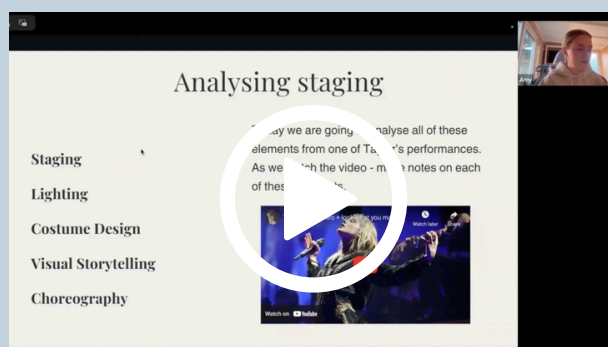


## Wider Curriculum Classes

Clip shows: Art 11+ with Lydia

## Special Interest Classes

Clip shows: Taylor Swift Fan Club with Amy



# What are the next steps?

1



## Have a call with us

If you think the EBSA Support Service may work for your child, please arrange a meeting with myself/ Laura (our SENCO) using the calendly link below. Your child doesn't need to attend this.

2



## Enrol onto free trial

We will then enrol you on up to 15 classes (we recommend you start on far fewer than this though). We will also provide videos to show your child that will introduce how the classes, recordings platform and learning mentor sessions will work (making sure they realise that they can do these at their own pace and that they don't need their camera or microphone on).

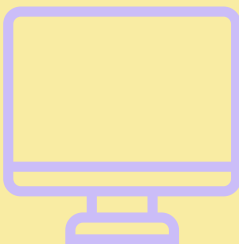
3



## Contact school

We will inform your school that you're on this free trial and provide them with any information they need (DBS checks etc).

4



## Try free trial

We will check in with you during this free trial to see how things are. If you feel it could potentially work, Laura will ask for a meeting with your school's SENCO to discuss a plan moving forward.

5



## Meeting with SENCO to discuss next steps

Laura will have an online meeting with the SENCO at your child's school to discuss how the EBSA Support Service can support your child and work out how the school can work with us to help your child feel happier and re-engage with learning.

# LINKS AND CONTACT DETAILS

Click/scan here  
to book your  
initial Zoom call  
with myself/  
Laura



Click/scan here  
for access to our  
current class  
information

Click/scan here  
for our calendar  
for the year



**To contact Laura please email**  
**[senco@the2poundtuitionhub.com](mailto:senco@the2poundtuitionhub.com)**

**\*Please note\***  
We can talk through  
recommended  
classes on our call-  
you don't need to look  
at this beforehand